

## 2016 LMSA Policy Summit

*In collaboration with Congresswoman Torres, D-CA &  
Congressmen, Grijalva, D-Az*

*"The health care system is too complex to learn on the go...Instead we need to begin learning about health policy and its impact on patients as we learn the basics of anatomy, physiology, and pharmacology."<sup>1</sup>*

### Summary:

The Latino Medical Student Association (LMSA) Policy Summit Committee is developing a three-day conference in Washington D.C. for medical students nationwide. The goal of the policy summit is to provide students with tools to become involved in health policy processes to address and improve health disparities facing the Latino community.

### Introduction:

Despite passage of the Affordable Care Act, Latino communities continue to be disproportionately affected by chronic diseases such as diabetes and obesity, and are the population most likely to lack healthcare coverage (1,2). To address these needs, the Latino community requires physician leaders with expertise in both Latino health care and policy development. Prior to the development of the LMSA Policy Summit, no venue existed that specifically focused on the training of medical students in Latino health policy. Yet students and educators consistently show interest in increasing their exposure to health policy training (3,4). Over 90% of participants at the 2015 LMSA National Conference identify training in health policy as an important addition to medical school and residency curriculum. The 2016 LMSA Policy Summit represents the culmination of a year-long policy training process that includes student-driven research, policy development, academic publications and networking within the Latino community. In its third annual policy conference, LMSA will continue a tradition of peer support, networking, academic excellence and policy development that will change the face of medicine well into the future.

### Objectives:

Below are the general and skill-specific learning objectives for the 150-200 medical students anticipated in attendance

Three primary goals of our policy summit are:

- 1) Health policy training
- 2) Networking opportunities

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<sup>1</sup> Mitesh S. Patel, MD, MBA,  
[http://www.uphs.upenn.edu/news/News\\_Releases/2011/02/teaching-health-policy-in-medical-school/](http://www.uphs.upenn.edu/news/News_Releases/2011/02/teaching-health-policy-in-medical-school/)

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3) Leadership development

Policy training will inform attendees about policy processes and relevant community issues, with opportunities for policy writing in breakout sessions. Networking between students facilitates multidisciplinary collaborations. The conference will facilitate discourse with medical students, politicians and other professionals active in Latino health policy to foster discussion and possible mentorship relations. Lastly, leadership development will be incorporated into each session to emphasize the importance of health professional advocates for the Latino community.

Skills Based Objectives: After completing conference activities, participants should be able to:

- 1) Describe the basic steps of the health policy making process, including how to recognize, formulate, implement, and evaluate a health policy's outcome.
- 2) Gain communication skills and first hand experience in advocating for Latino Health through legislation and lobbying.
- 3) Understand history and results of US major health policy changes in the last 50 years as it relates to underserved populations and Latinos today.
- 4) Identify pros and cons of different healthcare delivery systems in the US and how they affect the Latino patient population.
- 5) Explain the role of other health care and contributing professions in developing and implementing policies
- 6) Recognize the intersection between health politics and law, and the physician's role in mediating this relationship
- 7) Identify strengths and gaps in current health policies applicable to everyday clinical practice in underserved communities
- 8) Learn strategies to apply one's knowledge of national health policy infrastructure to improve clinical care for medically underserved communities
- 9) Identify how stigmatization affects health care delivery and health outcomes

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Conference Agenda:

**Friday, Oct 21<sup>st</sup>**

- 12:00-1:00 PM Legislative visit: Pre-visit meeting
- 1:00-3:30 PM Legislative visits
- 4:15-5:30 PM Capitol hill student rally, "Social Justice in Latino Health Care"
- 6:00-8:00 PM Networking event sponsored by AMA Minority affairs section

**Saturday, Oct 22<sup>nd</sup>**

- 7:00-8:00 AM Breakfast and Registration  
*Association of American Medical Colleges Learning Center*
- 7:30-7:50 AM Welcome by National Policy Committee and AAMC Representative
- 8:00-8:50 AM Keynote Address  
*Karen Fisher J.D., AAMC Chief Public Policy Officer*
- 9:00-9:25 AM Public health and preventive medicine in Latino communities  
*Capt. Kenneth Dominguez, M.D, M.P.H. Center for Disease Control and Prevention*
- 9:30-9:55 AM Closing the Gap on Hispanic Health Care Disparities  
*Kathy Sykes, U.S. Environmental Protection Agency*
- 10:00-10:15 AM LMSA Policy in Review  
*LMSA National Policy Committee*
- 10:20-10:35 LMSA Resolution Process and the Congress of Delegates  
*LMSA National Policy Committee*
- 10:40-12:00 AM Trends in Latino Health Care: Panel Discussion on the Implications for the Latino Community  
*Dr. Christine Kelly, FMAHealth*  
*Dr. Efrain Talamantes, MBA, MSHPM*

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*Marcus Garza, Legislative Aid for Representative Serrano*  
*Dr. Shelly Choo, MD, MPH Baltimore Department of Health*  
*Kathy Sykes, Environmental Protection Agency*  
*Dr. Kenneth Dominguez, Center for Disease Control and Protection*

- 12:00-2:00 PM Lunch and Exhibitor Fair
- 2:00-4:40 PM Breakout Sessions: Policy Skill Development  
(Each track with four 35-minute workshops taking place at  
2:00, 2:40, 3:20, and 4:00 PM)

### **Latino Health Track**

Goal: To understand how the U.S. healthcare system affects Latino health and health care delivery.

Objectives:

1. Discuss proposed forms of health care delivery and payment models
2. Understand the role of federal and state regulatory/governing bodies in Latino health care
3. Understand how social and economic barriers impact health in Latino communities

- 2:00 Primary Care and Advocacy in Latino Communities  
*Dr. Christine Kelly, Family Medicine for America's Health*
- 2:40 Latino Health Inequities / Puerto Rico and the Medicaid Crisis  
*Dr. Sinsi Hernandez-Cancio, Director of Health Equity, Families USA*
- 3:20 Outreach Strategies for the Affordable Care Act in the Latino Community  
*Ambar Calvillo and Ebonee Rice, Enroll America*
- 4:00 Single Payer Health Care and the Latino Perspective  
*Dr. Diljeet Singh, National Board Member Physicians for a National Health Program*

### **Leadership and Academia Track**

Goal: To train medical students in leadership within health policy and academia.

Objectives:

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1. Develop an understanding of career opportunities in academia, health policy and advocacy
2. Understand how to use academic publications to pursue policy and advocacy initiatives
3. Understand LMSA curricular developments in health policy
4. Develop professional networking and presentation skills

- 2:00 Writing Policy Briefs to Advance Health Equity  
*Dr. Efrain Talamantes, UC Davis*
- 2:40 Donald Trump and the Legacy of Racialized Issue Frames  
*Camille Sola, Ph.D. Candidate, George Washington University*
- 3:20 Academia and Health Policy  
*Dr. Orlando Sola MD MPH and Dr. John Paul-Sanchez MD MPH*
- 4:00 Trends in National Policy for Family Medicine  
*Sonia Clay and Eric Storey, American Academy of Family Physicians*

### **Health Policy Skills Track**

Goal: Develop the practical skills necessary to become Latino health advocates.

#### Objectives:

1. Be able to frame a strategy for creating grassroots advocacy movements
2. Understand the LMSA policy development process, including resolution writing and testimony development
3. Understand the resources represented by private and public advocacy organizations and how to direct them towards addressing disparities in Latino health care

- 2:00 From Hashtags to Action: Building a Grassroots Movement in Medicine  
*Dorothy Charles & Joniqua Ceasar, White Coats for Black Lives*
- 2:40 The Role of the Medical Student in Policy and Advocacy  
*Dr Matt Moy, AMSA Education and Advocacy Fellow*
- 3:20 Influencing Institutional Policy  
*Dr. Alejandra Cano, PGY2, UIC*
- 4:00 Policy Development Through Resolution Writing  
*Dr. Orlando Sola, PGY-3*

6:00-9:00 PM Evening Social

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**Sunday Oct 23<sup>rd</sup>**

7:00-8:00 AM            Light Breakfast  
                                 *Association of American Medical Colleges Learning Center*

8:00-12:00 PM        LMSA Congress of Delegates

12:00 PM                Adjournment

**References:**

1. Dominguez, Kenneth, Ana Penman-Aguila, Man-Huei Chang, Ramal Moonesinghe, Ted Castellanos, Alfonso Rodriguez-Lainz, and Richard Schieber. "Vital Signs: Leading Causes of Death, Prevalence of Diseases and Risk Factors, and Use of Health Services Among Hispanics in the United States — 2009–2013." *Morbidity and Mortality Weekly Report (MMWR)* 64.70 (2015): 469-78. Web.
2. *Kaiser Commission on Key Facts, Medicaid and the Uninsured*. Washington D.C.: Kaiser Foundation, 2013. Print. <https://kaiserfamilyfoundation.files.wordpress.com/2013/04/84321.pdf>
3. Riegelman, Richard. "Commentary: Health Systems and Health Policy: A Curriculum for All Medical Students." *Academic Medicine* 81.4 (2006): 391-92. Web.
4. Agrawal, Jaya R., Jeffrey Huebner, Joan Hedgecock, Ashwini R. Sehgal, Paul Jung, and Steven R. Simon. "Medical Students??? Knowledge of the U.S. Health Care System and Their Preferences for Curricular Change: A National Survey." *Academic Medicine* 80.5 (2005): 484-88. Web. 24 June 2015.

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