



Latino Medical Student Association West

Founded to represent, support, educate, and unify Latino(a) Medical Students

UC Irvine School of Medicine Mentorship Events:

Paths to College Conference: In partnership with the UCI chapter of CCM (Chicanos/Latinos for Community Medicine), we will be putting on a conference aimed at high schoolers and their parents from Santa Ana, CA, a majority-Latino, medically-underserved community close to our campus. The conference will be held on the UCI campus, and LMSA will charter buses to bring the students and their parents between Santa Ana and Irvine. We are collaborating with CCM as well as UCI undergrads from outside the biological sciences, and will present workshops on a variety of topics related to college preparation, financial aid, what to expect in college etc in both English and Spanish. We will provide breakfast and lunch, and will promote the event at Santa Ana high schools, community centers and churches. The event will be in April, and we are so excited!

UCI LMSA Mentorship Program: Undergraduate, post-bacc, and previous graduates were paired with UCI medical student mentors. We do an event a month for the program, including a Meet and Greet, an AMCAS Application Walk-Through Night, an UltrAnatomy Day, Taco Tuesdays, and a Post-Bacc Program Information Session. The mentees are also offered discounted admission to our Pre-Health Conference in November. This year, we have joined UCI SNMA to collectively start the Guiding Hand Project, our new mentorship program that targets underrepresented minority students in the Orange County region.

UltrAnatomy Day: For this event, we brought the LMSA Mentorship Program Mentees along with undergrads from a variety of other UCI campus organizations targeting first-generation college students and students from diverse backgrounds for a day in the life of a medical student one Saturday in April. The students rotated through a series of ~6 stations in our Anatomy Lab where medical students presented mini-lessons on different Anatomy topics, ~3 hands-on Ultrasound stations, lunch, and a Medical Student Q&A Panel.

AMCAS Application Walk-Through Night: Designed for soon-to-be applicants to medical school, we invited undergrads to a night where we presented a PowerPoint including screenshots of basically every page of a fake AMCAS application we made, answered questions, and connected applicants with medical students to review their application materials.

Pre-Health Conference: Each November, the UCI LMSA chapter hosts a Pre-Health Conference for 200 - 250 undergrads from community colleges and four-year colleges/universities throughout SoCal, including everything from keynote speakers and procedural workshops on suturing and knot tying, to medical student, admissions, and Women in Medicine panels, to

workshops on Digital Professionalism and a workshop for undocumented students led by representatives of the PreHealth Dreamers organization. This year, our workshop was held shortly after the presidential election, and we included a processing room with an LMSA advisor to facilitate discussion, as well as setting up one exterior wall with post-it notes and a big sheet of blank paper entitled "Build a Mural, Not a Wall," where students came together to put their thoughts, worries, and hopes into words.

Post-Bacc Program Information Panel: We hosted a panel in mid-January (during the post-bacc admissions cycle) led by UCI MS1's who have completed a post-bacc program and will describe their programs and answer questions about their experience. Connected post-bacc applicants with medical students to review their application materials.

Diversity Week Film Screening: Each February, UCI SOM sponsors a series of events aimed at medical students led by various medical student organizations during Diversity Week. Last year, UCI LMSA sponsored a screening and discussion of the documentary film *No Más Bebés*, about the sterilization of Spanish-speaking Latinas that occurred at LAC + USC Medical Center during the 1960's-70's. This year, we provided a workshop titled "Cultural Sensitivity in Action," with the purpose of presenting strategies on working with diverse cultures and backgrounds in the healthcare setting.

We are completely open to collaborating with or answering questions from other LMSA chapters, and can't wait to learn more about what other LMSA chapters do with mentorship as well! Gracias!



UC San Diego School of Medicine Mentorship program:

We focus mostly on outreach and mentorship to undergrad students and students in the med school application process.

LMSA-CCM Mentorship: We have a member or two regularly attend CCM meetings. We are fostering a strong relationship with the undergrads by holding socials and collaborating on events together like ProjectUP. In addition to this, we each have Latino undergrad mentees that we help with pre-Med planning, medical school applications, and support in general.

URM Dinners: We partner with SNMA (Student National Medical Association) on many events, one being the URM dinners. These are casual dinners hosted for URM students the night before their interviews. We have members from both organizations there to answer student's questions.

Second Look URM Dinner: We plan events for URM students during second look. Particularly, we host a dinner with the deans and other faculty at the end of second look.

University of Washington School of Medicine Mentorship Program:

We have assisted with "Dr for a Day" events in our community, where HS-age kids are able to learn suturing, auscultation and taking BP.

We have a strong relationship with our CCM (Chicanos for Community Medicine) chapter and have held networking, medical skills and potluck events with them. We even paid to bring ~20 of them to the last 2 LMSA National Conferences.

Some of the networking and potluck events are attended by senior medical students, residents and even attending physicians. This gives us a chance to receive advice and encouragement.

UC Riverside SOM Mentorship Mentorship Program:

We have several programs in place for medical students. Adelante Success Series is a program we partake in as panelists. Another event that is geared towards high school students is "Upward Bound". The board members went to Clement Middle School in Redlands to talk to the AVID students about the "Road to Medical School" and discussed the obstacles that we each have faced and the sacrifices we have made to get to where we are. We plan to go to more schools and give similar talks in the future.

We have a Mentor-Mentee program with the undergraduate LMSA+ Student Organization. We partner a medical student with a LMSA+ member. We held a dinner and medical student panel as our initial event where the mentees were able to ask the medical students questions on just about anything. We require monthly meet-ups and are currently planning a workshop where we can teach them vitals, and a "game day" where we will play sports - mentors vs. mentees.



We are currently planning an LMSA Conference for 2018 that we intend to hold at UC Riverside and open to all medical students. Earlier this year we held a "Cena" where we cooked dinner and had both medical and pre-medical students join us for a physician panel. Our panel consisted of local, male and female doctors who serve the Latino population. We plan to hold a "Cena" yearly, and plan to hold conferences and workshops in the future.

University of Utah School of Medicine Mentorship Program:

Annual conference: LMSA at UUSOM holds an annual pre-health “Navigating through Healthcare Careers” conference for high school and college students, and their families. The aim of the conference is to provide opportunities for historically underrepresented students to learn about careers in Medicine, Dentistry, Nursing, Occupational Therapy, Pharmacy, Physical Therapy, Physician Assisting, and Public Health through interactive workshops, student & professional panels, and inspirational speakers. We provide participants with relevant information regarding admissions requirements, career pathways, and specific professional opportunities within the fields represented at the conference.

Monthly mentoring meetings: In conjunction with the University of Utah undergraduate Preprofessional Advising Office, LMSA holds monthly mentoring meetings for undergraduate students. These sessions provide undergraduate students the opportunity to have direct contact with medical students. Additionally, it allows medical students the opportunity to gain valuable leadership and mentoring experience. We have created an environment where both LMSA members and non-LMSA students attend to provide mentoring.

Individual mentoring assignments: Working with the University of Utah undergraduate Preprofessional Advising Office, LMSA facilitates the assignment of individual mentors from the School of Medicine to undergraduate students. These personal relationships provide both parties the opportunity to share in the medical journey together.

College of Osteopathic Medicine of the Pacific - Western University of Health Sciences

Palomares day - a day full of workshops to show high school students what medical school is like and some of the things there are to learn about medicine. Examples of stations to be included are a suturing workshop and a demonstration of osteopathic manipulative medicine.

Mentorship day - a day of workshops put together for undergraduate students who are interested in or who are in the process of applying to medical school. Workshops will include helping with personal statement writing and mock interviews. Students who participate will be guaranteed an interview for the DO program at COMP.

We hold the medical Spanish course curriculum for students to learn to communicate with Spanish speaking patients in clinic. The class includes a medical Spanish handbook students can use in clinic. We are currently working on getting our club involved in outreach clinics with the Pomona Homeless Outreach Program at Western University.

UCLA-CDU Mentorship Program:

Lennox Health Fair held at a high school for all community members but focused on outreaching to high school students.

We hold mock Interviews for future medical school applicants, mixers with the CCM chapter at UCLA, have a panel on postbac programs with the CCM chapter at UCLA and study Jams with the CCM chapter at UCLA.

We hold an event called “La Posada,” this event is an opportunity to network with physicians and a celebration. We also have a networking Panel: collaboration between SNMA and LMSA